



What to do if your Carer is unable to care for you

Essential information for when a carer becomes unavailable at short notice.



Print this form on your printer, fill in and keep somewhere handy.

You could attach this to GP notes for the carer and cared for and positioned on or near the fridge for paramedics. Please also supply a medical care plan from your health coach if possible, this is already attached to your GP notes.

Phone 0300 123 2224 to reach the duty team to ask for temporary emergency respite.

Name of Cared for:

Name and contact details of main carer

Keysafe code or key holder

Name and contact details of available family members

Diagnosis / condition requiring care

Medication and times of day/ dosage

Care usually provided by the carer (e.g. wash dress in the morning).....

Notes for interim carer eg cared for's particular likes and dislikes, routines or needs/allergies, things to watch out for

Doctor's surgery/ ongoing treatment

Care usually provided by others (list of care agencies or care provided by carer and day care at a care home)

Carers preferences in an emergency eg preferred care home or provider

Correct as written on